


Basic Programs

For all Basic programs, recommended initial and renewal instruction times may be reduced via self-instruction or Blended Learning.¹ Instructors bear the responsibility of ensuring that each participant meets the objectives for completion.

Basic First Aid for the Community and Workplace	
Intended Audience	Community and Workplace — Individuals who require or desire elementary first aid knowledge and skills with a focus on adults, children, or both; including emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.
Prerequisites	None (CPR and AED recommended.)
ASHI-approved Training Materials	ASHI <i>Basic First Aid for the Community and Workplace</i> Student Handbook (one per participant), Instructor Guide (one per Instructor) and ASHI-approved audio-visual presentation media (PowerPoint® and/or DVD and/or Computer Resident/Web-Based.)
Recommended Initial Instruction Time	Basic Adult First Aid: 4 hours Basic Pediatric First Aid: 4 hours Universal First Aid (adult & pediatric): 5 hours
Recommended Renewal Instruction Time	About half of Initial Instructional Time
Maximum Student-to-Instructor Ratio	10:1
Student-to-Equipment Ratio	3:1 Student-to-manikin ratio recommended in courses that use manikins for skills practice.
Successful Completion (certification)	<p>Written Exam: Recommended for designated responders² (70% or better)</p> <p>Performance Evaluation: Required for all students (perform competently without assistance.)</p> <ol style="list-style-type: none"> 1. Demonstrate proper removal of contaminated gloves. 2. Perform the emergency action steps for an unresponsive and a responsive victim. 3. Place an unresponsive breathing victim in a recovery position. 4. Control severe bleeding and manage shock. 5. Manually stabilize an injured limb. 6. Manually stabilize a suspected spinal injury.
Card Issued	

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¹ This refers to training in which the knowledge elements are on a computer or online and the skill elements are demonstrated and practiced in the classroom. Only HSI-approved web-based media content may be used. Please contact HSI for more information on Blended Learning training solutions.

² Duty or employer expectation to respond.

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Certification Period	Up to 3 years. ***Basic First Aid represented on the Combination First Aid and CPR/AED certification card is valid only up to 2 years.
Note(s):	<ul style="list-style-type: none">• Occupational regulatory or licensing agencies may require written tests, additional content, additional hours of instruction, or other practices. This program does not include basic life support, cardiopulmonary resuscitation, or automatic external defibrillation (BLS/CPR/AED.)